

# SAINT MARY'S CHURCH

HOUGHTON-ON-THE-HILL, NEAR SWAFFHAM

(Signed from the B1077 Ashill-Swaffham road, east of South Pickenham)



## A QUIET DAY OF MEDITATION & HEALING SUNDAY 3<sup>RD</sup> JULY, 11.00AM - 5.00PM

Enjoy some quiet time to yourself in the tranquil atmosphere of the Church and Grounds  
There will be optional opportunities to join in with meditation and have private healing  
Guides will be available to show you around this unique church with its Historic Murals

# **ALL WELCOME**

Tea and Homemade cakes in Houghton Barns